



Purpose Finder Worksheet



Use this worksheet to find your purpose and start living a more fulfilled life!

Full Name _____ Date _____

What have you always dreamed of doing?

Is your dream the same, or has it changed over time?

If it has changed, why do you think it changed? What do you currently dream of doing?

What are your talents?

What skills do you possess?

What issues in your life, around you, or in the world are close to your heart?

How might you help to solve those issues?

What things are you passionate about?



How can you use your talents and skills to help other people, or to solve an issue that is close to your heart?

How would your friends and/or family members describe you?

How might the characteristics you listed above be related to your passions?

If time and/or money weren't factors, what would a typical day in your life look like?

What revelation(s) have you had in the process of completing this worksheet?

I would love to hear what you have come up with as your purpose! If you need help creating a plan of action to get started on living your purpose, I am happy to help! Just send me a message via the contact form on my website at www.aNDrieaDEnise.com.